

# Gold Circle Counseling LLC

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## MEDICAL INFORMATION

NAME \_\_\_\_\_ DATE: \_\_\_\_\_

What is the reason you are seeking help at this time:

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PLEASE CHECK THE ITEM BELOW WHICH APPLY TO YOU IN THE PAST 6 MONTHS:

- |                                                            |                                                           |
|------------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Change of Appetite                | <input type="checkbox"/> Worried about your appearance    |
| <input type="checkbox"/> Loss of weight                    | <input type="checkbox"/> Forgetfulness memory or problems |
| <input type="checkbox"/> Weight Gain                       | <input type="checkbox"/> Anger                            |
| <input type="checkbox"/> Binge or Purge                    | <input type="checkbox"/> Verbal fighting                  |
| <input type="checkbox"/> Worried about your weight         | <input type="checkbox"/> Physical fighting                |
| <input type="checkbox"/> Trouble Sleeping                  | <input type="checkbox"/> Sexual problems                  |
| <input type="checkbox"/> High energy                       | <input type="checkbox"/> Difficulty concentrating         |
| <input type="checkbox"/> Low Energy                        | <input type="checkbox"/> Racing thoughts                  |
| <input type="checkbox"/> Restless/difficulty sitting still | <input type="checkbox"/> Sad or depressed                 |
| <input type="checkbox"/> Anxious or nervous                | <input type="checkbox"/> Crying Spells                    |
| <input type="checkbox"/> Loss of Interest                  | <input type="checkbox"/> Thoughts of suicide              |
| <input type="checkbox"/> Feel like mind playing tricks     | <input type="checkbox"/> Self hurt/harm                   |

Have you ever had counseling/therapy or medication for any of the above \_\_\_\_\_ Yes \_\_\_\_\_ No

If "Yes" where, when, and from whom? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who is your primary care physician? \_\_\_\_\_

How do you rate your overall health? \_\_\_\_\_ Excellent \_\_\_\_\_ Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor

What is your main concern about your health? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any other medical problems? If "Yes", please describe \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PLEASE COMPLETE THE FOLLOWING REGARDING YOUR CURRENT MEDICATION:**

NAME OF MEDICATION	PRESCRIPTION YES/NO	WHEN PRESCRIBED	AMOUNT DAILY	REASON

Have you every been in the hospital? \_\_\_ Yes \_\_\_ No. For What? \_\_\_\_\_

When? \_\_\_\_\_ For how long? \_\_\_\_\_

Have you every had surgery? Yes \_\_\_ No \_\_\_\_\_. What was the procedure? \_\_\_\_\_

\_\_\_\_\_ When was it done? \_\_\_\_\_

Do you have any allergies? \_\_\_ Yes \_\_\_ No. If "Yes" please describe \_\_\_\_\_

Do you currently use illicit drugs? \_\_\_ Yes \_\_\_ No.

Have you every abused prescription or illicit drugs? \_\_\_\_\_ Yes \_\_\_ No.

How many alcoholic beverages do you consume on an average day? \_\_\_\_\_

How many per week? \_\_\_\_\_

Do you use nicotine? \_\_\_ Yes \_\_\_ No How much? \_\_\_\_\_

Do you use caffeine? \_\_\_ Yes \_\_\_ No How much? \_\_\_\_\_

**HAVE YOU EVER:**

Thought you should cut down on your drinking or drug use? \_\_\_ Yes \_\_\_ No

Been annoyed when others have asked you about your drinking or drug use? \_\_\_ Yes \_\_\_ No

Felt guilty about how much you drink or use? \_\_\_ Yes \_\_\_ No

Had a drink/used to get join or to treat a hangover ? \_\_\_ Yes \_\_\_ No

In trouble with the law, family members, friends when you drink or use? \_\_\_ Yes \_\_\_ No

Do you usually get into trouble when you drink/use? \_\_\_ Yes \_\_\_ No

Do you gamble? \_\_\_ Yes \_\_\_ No

How many times per month? \_\_\_\_\_

What percent of your monthly income do you spend per month on gambling? \_\_\_\_\_

Have you ever felt the need to bet more & more money? \_\_\_\_\_

Have you ever had to lie to people important to you about the extent of your gambling? \_\_\_\_\_

Have you ever seen a psychiatrist or seen a counselor before \_\_\_ Yes \_\_\_ No

By whom & when? \_\_\_\_\_

What was helpful? \_\_\_\_\_

What wasn't helpful? \_\_\_\_\_

**PLEASE CHECK THE ITEMS BELOW THAT DESCRIBE MEDICAL SYMPTOMS YOU HAVE HAD IN THE PAST 12 MONTHS.**

- |                                                              |                                                                |
|--------------------------------------------------------------|----------------------------------------------------------------|
| <input type="checkbox"/> persistent cough                    | <input type="checkbox"/> shortness of breath                   |
| <input type="checkbox"/> thyroid disease                     | <input type="checkbox"/> high blood pressure                   |
| <input type="checkbox"/> abnormal heartbeat                  | <input type="checkbox"/> balance problems/falling              |
| <input type="checkbox"/> severe/persistent headaches         | <input type="checkbox"/> loss of consciousness                 |
| <input type="checkbox"/> seizures                            | <input type="checkbox"/> numbness or weakness of limbs/body    |
| <input type="checkbox"/> muscle weakness                     | <input type="checkbox"/> muscle pain                           |
| <input type="checkbox"/> joint/aches/pain                    | <input type="checkbox"/> bruise easily                         |
| <input type="checkbox"/> kidney infection/disease            | <input type="checkbox"/> trouble urinating                     |
| <input type="checkbox"/> urinary infection                   | <input type="checkbox"/> liver disease                         |
| <input type="checkbox"/> stomach/abdominal/pains             | <input type="checkbox"/> vomiting                              |
| <input type="checkbox"/> change in vision/trouble with eyes  | <input type="checkbox"/> changing in hearing/trouble with ears |
| <input type="checkbox"/> change in sense of smell            | <input type="checkbox"/> feeling clumsy or dropping things     |
| <input type="checkbox"/> pain in mouth or trouble swallowing | <input type="checkbox"/> sore/swollen neck/glands              |
| <input type="checkbox"/> speech problems                     | <input type="checkbox"/> voice problems                        |

Do you give us permission to contact your physician? \_\_\_\_\_ Yes \_\_\_\_\_ No

Do you give us permission to contact your psychiatrist? \_\_\_\_\_ Yes \_\_\_\_\_ No

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent if completed on behalf of a minor child \_\_\_\_\_

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Therapist Signature \_\_\_\_\_ Date Reviewed \_\_\_\_\_

Referred for physical exam? \_\_\_\_\_ Yes \_\_\_\_\_ No

To Whom? \_\_\_\_\_ Client willing to accept referral \_\_\_\_ Yes \_\_\_\_ No

Referred for psychiatric evaluation? \_\_\_\_\_ Yes \_\_\_\_\_ No

To Whom? \_\_\_\_\_ Client willing to accept referral \_\_\_\_ Yes \_\_\_\_ No